



stiftung pädagogisch-
therapeutisches zentrum

englisch



Early Assistance for Family and Child



After your child's birth and during infancy, you experience many happy moments and new challenges. Unfamiliar and sometimes difficult situations may drive you to the point of exhaustion. Are you worried, do you feel insecure and concerned about the development of your child?

We offer expert counseling, guidance, and support for parents with children aged 0 to 4 years. We help you better understand your child's needs and signals, for example, if

- your child is restless, gets little sleep, or is not able to fall asleep alone
- your child is anxious, cries a lot, can hardly be calmed down
- your child is passive, reacts little to people and his/her surroundings
- your child hardly plays on his/her own
- your child behaves aggressively
- your child does not eat

We are the contact for

- worried mothers, fathers, and other reference persons seeking advice
- parents of prematurely born children
- parents in emotional distress
- parents with addiction problems
- young mothers and fathers
- parents from broken homes, single parents





We offer expert guidance and support in the following settings

- in- and outpatient setting of hospitals (lying-in, neonatology)
- at your home
- during consultation hours
- within group settings (parent groups)
- at day care centers, play groups, nursery schools, and in other day care settings

Early assistance for family and child, an offer in the context of developmental-psychological counseling and support, is an addition to and cooperation with medical care such as doctors, midwives, mother/father guidance. An offer promoting the protection and welfare of parents and their child. It is adapted to family circumstances; further actions and recommendations (assessment, counseling, support) for early assistance are provided.

Our offer is free of charge. We are bound by confidentiality.

We are experts specialized in early development and in counseling of families and cooperation partners.



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